




# SHOBDON WOOD RACE

Organised by Croft Ambrey Running Club: 

[www.croftambreyrunningclub.co.uk](http://www.croftambreyrunningclub.co.uk)

Under UKA rules – Licence: 2018 - 32254

## Sunday 6th May 2018

Sponsored by Lloyds of Ludlow

**Venue:** Shobdon Wood, Shobdon, Herefordshire (HR6 9PB). Grid ref: 392637

**Distance:** 9k (approx) – all off road along scenic forestry tracks and paths

**Start:** 11 a.m. (allow 10 mins to reach the start from registration)

**Entry fee:** £12 - unattached; £10 - club members (both £2 extra on day)

( includes free race memento )- cheques to Croft Ambrey Running Club

**NB** Minimum 15 yrs of age on the race day.

**Shobdon Wood:** 1 mile north of Shobdon, which is on the B4362 between Leominster and Presteigne.

**Prizes:** males and females in most 5yr age categories; male and female teams of three.

**Croft Ambrey Running Club is supporting local charities.**

**ENTER ONLINE:** <http://www.entrycentral.com/shobdon-wood-race>

Please note race numbers will be given out on the day; acknowledgement of pre-entries by email ( or SAE )

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**or Postal Entry: SHOBDON WOOD 6<sup>th</sup> May, 2018**

**Closing date** for postal entries: Tuesday 1<sup>st</sup> May 2018

<b>Name:</b>	<b>Age:</b>
<b>Address:</b>	<b>Date of birth:</b>
	<b>M/F:</b>
<b>Club:</b>	<b>Tel:</b>
<b>e-mail:</b>	

I declare that I am fit and that I am competing in the above race at my own risk and I agree that the organisers cannot accept any liability for any accident or damage suffered as a consequence of my taking part. Any medical conditions should be listed on back of running number.

**Signed** (parent if under 18)..... **Date** .....

**Send with cheque payment to:** Neil Taylor, 52 Lower Broad St, Ludlow, SY8 1PH  
(e-mail: [njt57@btinternet.com](mailto:njt57@btinternet.com))